

## **4. God Defines HOLY SEX**

God, our creator and designer, formed our sex organs, creating nerve endings so that sex would be enjoyable. Sex is SO GOOD and God wants us to enjoy it without shame, guilt and disease. God also defines the timing for sex and the person to have sex with.

Read the following passages. Note God's directions about sexual pleasure, both the timing and who should be your partner.

Gen 2:20ff But for Adam no suitable helper was found. So the Lord God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and closed up the place with flesh. Then the Lord God made a woman from the rib he had taken out of the man, and he brought her to the man... For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh. Gen 1:31 God saw all that he had made, and it was very good...

Prov 5:15-19 Drink water from your own cistern, running water from your own well. Should your springs overflow in the streets, your streams of water in the public squares? Let them be yours alone, never to be shared with strangers. May your fountain be blessed, and may you rejoice in the wife of your youth. A loving doe, a graceful deer—may her breasts satisfy you always, may you ever be captivated by her love.

1 Cor 7:2-5 But since there is so much immorality, each man should have his own wife, and each woman her own husband. The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. The wife's body does not belong to her alone but also to her husband. In the same way, the husband's body does not belong to him alone but also to his wife. Do not deprive each other except by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control.

Prov 18:22 He who finds a wife finds what is good and receives favor from the Lord.

Heb 13:4 'Let marriage be held in honor among all and let the marriage bed be undefiled, for God will judge the immoral and the adulterer.'

SOS 2:7; 3:5...Do not arouse or awaken love until it so desires

**MEMORIZE: Prov 18:22**

### **Questions:**

1. What is God's attitude and feelings toward sex?
2. What is the 'right time' to awaken sexual passion?
3. How does God say about 'shacking up' or 'living together' or 'friends with benefits'?
4. Pick one of the verses and answer: What does the verse say? (Paraphrase—Rewrite the verse in your own words.)

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5. How can I apply the truth of this verse to my life today?

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**Discussion: What should be a man's attitude toward sex in marriage? Why is it the Godly thing to 'wait' for sex until marriage?**