

## 19. The Mind: Our Primary Sex Organ

The primary battleground for sexual purity is the brain. What do we think about? What do we feed our minds, and how do we control our thoughts and the ideas that seemingly pop out of nowhere?

Scriptures have a lot to say about our minds. If through the Holy Spirit we control our thoughts, then we would control our sex drives and sexual impulses. We cannot and will not win the battle for sexual purity unless we control our minds.

Rom 8:5-8 ‘Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. The mind of sinful man is death, but the mind controlled by the Spirit is life and peace; the sinful mind is hostile to God. It does not submit to God’s law, nor can it do so. Those controlled by the sinful nature cannot please God.’

Col 3:1-2 Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. Set your minds on things above, not on earthly things.

Eph 4:22-24 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.

Rom 12:2 Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.

2 Cor 10:5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

Psa 119:97 Oh, how I love your law! I meditate on it all day long.

John 13:2 (Amp) So (it was) during supper, Satan having already put the thought of betraying Jesus in the heart of Judas Iscariot, Simon’s son,

Josh 1:8 Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

Prov 24:9 The devising of folly is sin...

Prov 15:26 The Lord detests the thoughts of the wicked, but those of the pure are pleasing to him.

**MEMORIZE:** Col 3:1-2

### **Questions:**

1. Where do thoughts come from?
2. How do we ‘take every thought captive’ to make it obedient to God?
3. How can our minds be transformed or renewed?
4. What is the difference between transcendental meditation and Biblical meditation? What does meditation mean and how do you do it?
5. How can I apply the truth of these verses to my life today?

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**DISCUSSION:** How do we recognize which thoughts are from Satan? From the Holy Spirit? From our own flesh? From others?